

**The Chairman and Members of  
North West Area Committee.**

**Meeting: 20<sup>th</sup> June 2017**

**Item No: 15**

## **Dublin City Sport and Wellbeing Partnership Report**

- **Green Scene** is a new initiative aimed at getting more people active through better use of our parks and green spaces in Dublin City. DCSWP Sports Officers will work with partners to organise new, interesting and enjoyable games, activities and coaching sessions. It is also hoped to bring sporting celebrities on board to promote the initiative via the tagline 'seen on the green'.
- **Cycle Leader Training:** A number of DCSWP Sports Officers have combined resources to facilitate a Cycle Leader Training Course on June 28<sup>th</sup>/29<sup>th</sup> in the Municipal Rowing Centre, Islandbridge, Dublin 8. A number of adults from the North West Area are expected to attend this training and subsequently lead a six week 'Bike for Life' programme prior to the great Dublin Bike Ride in September. Updates to follow.
- **Older Adults Programmes - Cabra**  
Monday 1 - 2pm; Cabra Parkside Community Sports Complex - Go for Life  
  
Wednesday 12 - 1pm; Inspire Gym and Pool, Ratoath Road, Cabra - Aqua Aerobics  
Thursday 3 - 5pm; Cabra Parkside Community Sports Complex - Bowls
- **Youth Programmes - Poppintree**  
A multi-sports programme will take place in a variety of venues including Poppintree Sports & Community Centre and Poppintree Park throughout May and June. These sessions are aimed at engaging youth at risk. The programme is run in partnership with local youth groups.

The community is encouraged to get involved through walking and cycling to school, skipathons, penalty shootouts, trying new activities and physical activity homework to get the family involved!

- **Walking Football** – This programme is delivered every Tuesday from 11-1pm in Cabra Parkside Community & Sports Complex. The session is delivered in partnership with the FAI. Open to men aged 55 years and older, it involves the same rules as ordinary soccer except players are not allowed to run. The aim of the programme is to provide an opportunity for men to take part in physical activity in a

fun, friendly and social setting. Occasionally, in good weather, the group will undertake a hill-walking session instead.

- Whitehall Petanque Group  
Whitehall Petanque Group is a new initiative which is part of our 'Green Scene' core programme, as outlined above. DCC Parks Division recently installed a new petanque court in Ellenfield Park, Whitehall (next to the astro pitches) and subsequently this new group has now formed. We are looking for adults over the age of 55 to join the group each week on Wednesday mornings from 10am to 11am. It is free to play and if you have never played before you will be shown how. It is a simple game to learn and can be played almost anywhere outdoors by both young and old. If you enjoy good company and friendly competition, you will enjoy playing Petanque.
- **Sports & Fitness Ballymun** and **Sports & Fitness Finglas** will hold weekly Summer Camps for 5 – 12 year olds, commencing on Monday 3<sup>rd</sup> July. The camps will entail fun games/activities and swimming sessions and will run throughout the Summer. There will also be weekend swimming lessons for children from the age of 3 upwards, commencing July 8<sup>th</sup>. Each block of lessons will run for four weeks.
- **Sports & Fitness Ballymun** are offering specific classes for people with back pain every Monday at 12pm (in partnership with the HSE)
- Both **Sports & Fitness Ballymun** and **Sports & Fitness Finglas** have introduced a scheme whereby homeless people currently residing in nearby hotels can access the facilities at a reduced rate to assist with their physical and mental wellbeing (in association with DePaul)

#### FAI/DCSWP Football Development Officers – Update

- Paul Whelan and Jamie Wilson have just wrapped up the Project Futsal Programme for the 2016/17 academic year. The students will now be concluding their FETAC Level 4 Award, ITEC Gym Instructors Award and their FAI Coaching Awards.

From July 3<sup>rd</sup> the FAI/DCSWP Development Officers will be delivering eight weeks of Summer Soccer Camps. These camps will be held at various club and DCC venues throughout Dublin for the duration of July and August. Paul and Jamie will head up the biggest camp which runs for two consecutive weeks (July 3<sup>rd</sup> – 7<sup>th</sup> + July 10<sup>th</sup> – 14<sup>th</sup>) and takes place in Home Farm FC, Whitehall. The camp capacity each week is 150 kids and it is hoped to attract a lot of boys and girls from the Finglas and Ballymun areas. Students from Project Futsal will also be used as paid coaches on these camps.

#### Boxing

- Aviva Stadium Tours & Boxing Taster Session:  
All 5<sup>th</sup> and 6<sup>th</sup> class pupils and transition year students throughout the Dublin City area, including many from the North West Area, who took part in the Startbox Programme have been invited to take part in free tours of the Aviva Stadium throughout June and July (which will be guided by DCSWP/IABA Boxing Officers). Students will also experience a short coaching session and view some famous Irish, International and Olympic boxing memorabilia (this will be coupled with interesting and informative stories/anecdotes to inspire and educate the students!).

## Cricket

- **School Visits:** We will be delivering school-yard sessions in the North West Area to the following schools until the end of June:

*St. John Bosco N.S., Kilbarrack*  
*St. Declan's, Cabra*  
*Scoil Mobhi, Glasnevin*  
*St. Brigid's G.N.S., Finglas*  
*Parochial National School, Finglas*

Once the Schools Programme is complete we will link with the DCSWP Sports Officers to assist in any projects during the summer period.

- We have a number of players from the North West Area (both male and female) involved in the provincial teams during this period at U11, U13, U15, U17 and U19 level. Players taking part will undertake intensive practice sessions and cricket tours.

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